

Dr. A.T. LEATHERBARROW PRIMARY SCHOOL



Dream Achieve Teach Learn



Be Kind

Be Safe

Be Responsible

Be Respectful

Important Dates:

- Week of February 10th: Staff Appreciation Week
- Monday, February 17: Family Day: no school
- Tuesday, February 18: French Information Night
- Friday, February 21: Hot Lunch Orders for March are due into the office by 2:30 PM
- Monday, February 24: Kindness Week
- Tuesday, February 25: Zones of Regulation Night for parents
- Wednesday, February 26: Pink Shirt Day
- Thursday February 27: Thursday Theatre after school movie until 3:45
- March 2-6 : March Break



Dr. A.T. Leatherbarrow Primary School

122 School Street 832-6022 (Office)
 Hampton, NB E5N 6B2
 1-833-219-9065 (Safe Arrival)
 Principal: Mrs. Lisa Jardine
 Vice-Principal: Ms. Sara Creighton
 Admin Assistant Elaine Hebert
<http://leatherbarrow.nbed.nb.ca>

Lunch with the Principal

Our Code of Conduct is to **be kind, be safe, be responsible and be respectful**. For the month of January we focused on being responsible. All students who demonstrated being responsible in the halls, on the bus, in the classroom, on the playground, etc. had their names entered into their classroom buckets as "Bucket Fillers." Students whose names were drawn from their classroom buckets had lunch with me!

Kindness Week Celebrations

February 24–28

Every day we will be celebrating different ways to be kind. .

Monday: Be kind to others

Tuesday: Be kind to family day

Wednesday: Be kind to classmates and friends. **PINK SHIRT DAY!!!**

Thursday: Be kind to our bodies

Friday: Wear your favorite Pj's and bring your favorite stuffed toy.



Theatre Thursday:



Thursday, February 27th
Pick up at 3:45
Permission forms and money due
by Tuesday, February 25th

Pink Shirt Day

**February 26th: Wear Pink to
Stand up to Bullying**



Are you curious about how to help
your child express their emotions?

**D.A.T.L. and HES are
proud to present:**

**THE
ZONES OF
REGULATION®**

When: 6:30pm
February 25, 2020

Where: Music Room
at HES

Child care available by calling 832-6022
no later than February 21, 2020.

PROGRAM INFORMATION FOR FRENCH SECOND LANGUAGE PROGRAMS



IMPORTANT NOTICE TO ALL GRADES K & 5 PARENTS / GUARDIANS

Information Nights, regarding program selection for September 2020, will be held according to the following schedule.

The information will be provided on options for **Grades 1 and 6 students**: English Prime Program, Early French Immersion Program (Gr 1. entry) and the Late Gr. 6 French Immersion Program.

Parents/guardians are invited to whichever meeting they wish to attend. The information presented will be the same at all meetings.

PROGRAMS INFORMATION MEETINGS January 2020



HAMPTON EDUCATION CENTER				
Date	Time	Location	"Snow" Date	Presenters
Thursday February 6, 2020	6:30 P.M.	Sussex Regional High School- Theater	Thursday, Feb. 10 at Sussex Regional High School- Theater	Allan Davis, Gina Comeau & Jennifer Keilty
Wednesday February 12, 2020	6:30 P.M.	Kennebecasis Valley High School- Theater	Thursday Feb. 13 at Kennebecasis Valley High School- Theater	Allan Davis, Jillian Ingalls Garey & Kelly Adams
Tuesday February 18, 2020	6:30 P.M.	Hampton Middle School- Theater	Wednesday Feb. 19 at Hampton Middle School- Theater	Allan Davis, Kelly Adams

Math Matters: Celebrating 100 Days of School

An interesting way to incorporate real math into school is to celebrate the 100th day of school. Our teachers incorporate the ideas into their daily activities. They begin with the first day of school and end on the 100th day which usually falls mid February. This year the 100th day of school will be celebrated during the week of February 10th. The teaching opportunities prior to the actual day are endless. The children (depending on grade) learn to count by ones, twos, fives, and tens. A variety of activities take place on the 100th Day; for example, students may do 100 Day projects, read 100 Day books, write about 100, and participate in 100 Day crafts.



Staff Appreciation Week

February 10th to 14th is Staff Appreciation Week!

Please join us in celebrating our entire staff at DATL.

Go to the Home and School Facebook page to learn more.



Guidance Corner

Hello everyone!

In January, the guidance lessons focused on mindful tasting, and mindful movement. For the month of February, I will continue with the Mind Up Curriculum, and introduce new ways for students to cultivate a positive mindset. These lessons will aim at priming students' brains for productive learning, and building healthy and sustainable friendships.



Moving forward, I will include a brief informative piece on the Zones of Regulation in the monthly newsletter. My intention with this is to provide parents and guardians with the knowledge and vocabulary necessary to reinforce the self and emotional regulatory approach we teach and use in the school. In this newsletter, I will explain what the Zones of Regulation are, and why we use it. For the following newsletters, I will introduce a zone a month, and the tools and techniques associated with that zone.

What are the Zones of Regulation?

The Zones of Regulation is an integrative approach used in helping students gain skills in consciously self-regulating. In helping students gain this skill, we also promote an increase in control and problem solving abilities.

The Zones of Regulation stems from the Cognitive Behavioural Therapy approach, where students are taught to recognize their different states of mind in hopes of regulating their thoughts, actions and emotions (self-regulation). The different states of mind are referred to as zones, and are represented by a given colour.

By using this approach, students learn how to use strategies or tools to stay in a zone or to move from one zone to another. Students are also taught that there is no “bad” zone to be in.



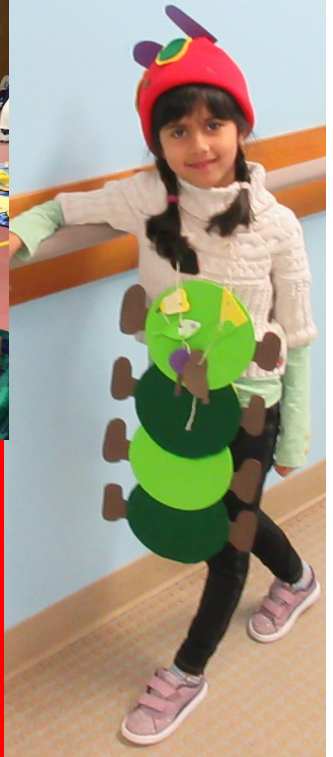
Why do we teach the Zones of Regulation in school?

The Zones of Regulation is a straight-forward and easily understandable approach to helping our students better evaluate and regulate their thoughts, actions and emotions. We have seen firsthand how learning and using the vocabulary and techniques of the Zones of Regulation have led students to feel more in control of their thoughts, actions and emotions, and ultimately proud members of their school community.

Cynthia Veniot BEd., MEd; Counselling and Psychotherapy

Guidance Counsellor

We Celebrate Literacy! Literacy Week 2020



People from the District office, community and family members read their favourite stories to classes!

Beach Blanket Buddy Reading in the gym!



We had a lot of fun dressing up as our favorite book character!